



Area C Assembly of Alcoholics Anonymous  
**@ St. Brigid's Church Hall**  
**Corner of William and Irrawang Streets**  
**Raymond Terrace**  
Saturday, 18<sup>th</sup> February 2017 (12:30pm)

**Meeting Started:** 12:31 pm  
**Serenity Prayer:** said by all  
**Tradition 2 read by:** Ian M  
**Meeting type:** Topic Meeting

**Attendance:** Ian M (DCM, PS&LH), Andrew M (Delegate), Adrian H (GSR Umina Beach Sunday), Penny (GSR Gosford Women's), Jeff D (Secretary), Paul (Truth), Bob Mc (Tarro BBS), Robyn (WoC), Kati (Primary Purpose), Brendan (Primary Purpose), Michael (GSR Shortland), Noel (GSR Freedom), Maryanne (GSR Sunday Topic).

**Apologies:** Phil G (GSR Branxton), John C. (Treasurer), Lyndal (GSR Saturday Spiritual)

**Voting:** 8  
**Non-voting:** 5

**Chairperson:** Andrew M (Delegate)

**Minutes from the previous meeting:** Were declared true and correct

Moved: Ian M  
Seconded: Andrew M  
Carried Unanimously

## **BUSINESS ARISING**

Election required for Area C Alt Delegate.

1. Alt. Delegate: Jeff D (Raymond Terrace) was unanimously elected.
2. 2 Payments (3<sup>rd</sup> and 4<sup>th</sup> instalments) to GSO need to be confirmed and paid if outstanding.

3. Hospitals and Institutions. Comments from the floor highlighted a need for an Area C H & I co-ordinator to provide information on What does H&I do?...Where do I go to find out more?...Who is responsible (for each site)!...How to can I (you) help! This may lead towards structuring and documenting a process to carry to new H & I venues. Thanks for your input Brendan...no input = no result.

## **REPORTS**

### **Delegate Report**

Not a busy time for Delegates, at the moment, we just pass on messages and reports from G.S.O and other groups.

All Area's tend to have a communication problem with groups and those not in metropolitan areas have a greater communication problem because of distance, there is not one solution fits all situation and we welcome any suggestions as to how we might improve this and perhaps it can be covered at the Regional forum. In the mean-time all's we can do is to encourage groups to participate when and where they can.

As an Area we are looking forward to a busy year with the Forum and the Structure review and it will be more difficult with the withdrawal of the representation of the Newcastle Central District, however we must still carry on and hope some-one from that district might step up to add voice to our Assemblies.

Yours in service  
Andrew Millar  
Area C panel 58 Delegate  
ph. 0437498249  
e-mail: andyoo500.am@gmail.com

Moved: Ian M  
Seconded: Andrew M  
Carried Unanimously

### **Secretary Report**

#### Correspondence received

A message from the 'Women of Courage' group.

## **The Handshake**

It is a tradition in AA to extend a handshake as a welcome.

It is respectful and non-intrusive/non-invasive for the newcomer.

A gesture of acknowledgment, hello, welcome, friendship, connection, inclusion, equality.

It isn't traditional in everyday society for men to shake a woman's hand but in AA it is an appropriate gesture between people who have just met and are respectful of one another's boundaries.



“I am responsible.  
When anyone, anywhere, reaches out for help,  
I want the hand of AA always to be there.  
And for that I am responsible”.

Women Of Courage  
AA Group

Jeff D  
Secretary  
Moved: Ian M  
Seconded: Jeff D  
Carried Unanimously

### **Treasurer Report**

Presented by Jeff D

Opening Bank Balance	\$1,471.80
Debits	\$0.00
Credits	\$540.00
Closing Bank Balance	\$1,911.80

The question arose ‘Has the GSO payment for Delegate been made?’

John C  
Treasurer  
Moved: Ian M  
Seconded: Andrew M  
Carried Unanimously

### **DCM Report - Port Stephens & Hunter District**

Our Unity/Fun day at Stockton beach on Sunday 16<sup>th</sup> October was a good day. Some arrived early & reserved tables under cover, went for a walk to the break-wall, threw around some frisbees, kicked a ball, had lunch & even had time for a meeting.

Our next Fun day is on Sunday March 26<sup>th</sup>. It will be a bush walk up at Murrurundi, followed by a picnic at the lookout.

The Karting Day on Nov 12<sup>th</sup> at Neath near Cessnock was good fun. Seven people turned up & all had a great afternoon. "Let's do it again" was the comment. Next time we would like more women involved.

Two of our members have been asked to speak at an Al-Anon birthday meeting (Mayfield group's 37<sup>th</sup> birthday) which was on yesterday. Unfortunately at the last minute one member couldn't make it, but Phoebe said her share went well & Al-Anon were grateful.

I am in the process of speaking with Maitland Private Hospital regarding AA "speaking" at the hospital on a regular basis, with those that suffer alcohol problems. This hospital has been a good source of new members to the Morpeth group. \*

Raymond Terrace group are having their 42<sup>nd</sup> birthday meeting this Monday 20/02. There will be a sausage sizzle from 7.00pm and the meeting will start from the usual time of 8.00pm.

*Recently received Correspondence*

1. A \$202 cheque was received from Bellerive AA. Ian M to forward to GSO
2. 2017 Gold Coast Rally is being held on 28<sup>th</sup> to 30<sup>th</sup> April
3. Valerie (GSO) notified the Area C DCM of Maitland Private Hospital interest in AA. Refer to \* above.

District Committee Member

Ian M

Truth group

0428 699 700

Moved: Ian M.

Seconded: Andrew M.

Carried Unanimously

## **Mater Report**

Most presentations have been attended by 9 to 11 course participants. The interaction and responses are varied between one or two attendees to five or six.

I have a short discussion after the presentations with the 'course co-ordinator' to ensure we are providing the right message within the standards of the hospital.

Jeff D

Mater Hospital Co-ordinator

Moved: Andrew M

Seconded: Jeff D

Carried Unanimously

## Cessnock Gaol Report

Nothing has been happening at the Gaol with A.A., at the moment. I have been talking to Rodger Whittal at the Gaol and he will be having a meeting with the other AOD Staff shortly to see if we can get the meetings going again there.

Lenny S

Cessnock Living Sober  
Gaol roster co-ordinator

Moved: Andrew M

Seconded: Ian M

Carried Unanimously

## General Business

1. *Area C Delegate Andrew M. - Topic for 2017 Conference. When a delegate cannot or will not complete their term and the Alt. Delegate has to attend conference in their place, the Alt. Delegate will assume the duties and term of a full Delegate thus eliminating them from a 4 year term and possible burn out (1 year alt. delegate and 3 years as delegate).* Andrew provided examples of how the above would work and clarified all questions.
2. *Area C Delegate Andrew M. – Structure Review Plan for the Australian AA Structure.* It was brought to the attention that the review has been extremely difficult to explain to ‘grass roots’ AA members. A suggestion was to provide a digital presentation. Andrew is to pursue this possibility. Thanks for your input Maryanne.
3. *Area C Chairman Jim K. – Election of Area C Chairman due to J.K. resigning this position.* An election was held and Penny (Gosford Women’s) was unanimously elected
4. Area C Delegate Andrew M. 2017 Eastern Regional Forum. The above group will be called ‘2017 Eastern Forum Sub-Committee’ and provide Area C with quarterly update reports. The first meeting date, time and location needs to be decided upon! The Central Coast AA members will be invited to a meeting preferably on the coast to discuss the forum and provide input and assistance if desired. Thanks again Maryanne for volunteering to do the ‘flyer’.
5. Jeff D (RT) - Telephone Roster. Briefly mentioned at Hamilton mtg 4-02-17. The reporting process for this position may have to change due to the circumstances that can occur in the districts.

Meeting Closed at 2:15pm (With Serenity Prayer)

**Next Meeting:**

**Saturday 20<sup>th</sup> May 2017, Time and Location need to be confirmed.**